

WHAT TO PACK FOR CAPERNWRAY

After talking to students we have made a list of suggested items to bring from home, either because certain brands are unavailable here or they are expensive to purchase.

- Good study Bible
- Notebook, pencil, pens (paper and binders are different here)
- Blank CD's to burn pictures on to
- Digital camera / still camera
- MP3 player, loaded with music
- Flash Drive/Memory Stick to save assignments and photos
- Rechargeable batteries and recharger
- Power adapter AND converter
- Laptops are very advisable for Monavale and The Crossing
- Laptops are required for Internet access which you need to pay for as at an Internet Café (Monavale only)
- Warm jacket or hoodies
- Rain jacket for summer and winter
- Winter coat/jacket (for May – September)
- Warm clothes (March to October)
- Towels (Capernwray provides all bedding- sheets, pillows and duvet)
- Shoes (runners / hiking boots, dress and flip flops / sandals)
- Favourite sauces/cereal/food/candy from home
- Gear for 2 week break i.e. sleeping bag, tent etc.
- Slip-on, closed-toed shoes (for around campus / kitchen)
- Flashlight
- Earplugs / eye mask, especially if you are a light sleeper
- Warm booties / slippers for winter mornings
- Work clothes for work day
- At least one set of good clothes for church and special occasions
- Sunscreen, you would think there would be a good selection here in such a sunny place, but there is not and it's very difficult to find anything above 30spf
- Any sort of medication, pain killers like Advil, Tylenol, decongestants, herbal supplements, allergy meds (drugs are different here)
- Any special creams, toiletries, make up, feminine products since they are very pricey here and selection is limited
- Shampoo (hair products in general i.e. mousse, styling gel etc)
- Enough prescribed medication to last your time here
- Insect repellent
- Pictures from home!!

Monavale Homestead: 3553 Cambridge Road, Cambridge 3495

Adventure Lodge: 128 Horahora Road, Tirau. 3484

The Crossing: 124 Woodbury Road, RD21, Geraldine. 7991