

WHAT TO PACK FOR CAPERNWRAY

After talking to students we have made a list of suggested items to bring from home, either because certain brands are unavailable here or they are expensive to purchase

- Good study Bible (NASV, NKJV, NASB, NIV, ESV recommended)
- Notebook, pencil, pens (paper and binders are different here)
- Warm jacket or hoodies
- Rain jacket for summer and winter
- Winter coat/jacket (for May to September)
- Warm clothes (March to October)
- Warm booties / slippers for winter mornings
- Shoes (runners / hiking boots, dress and flip flops / sandals)
- Slip-on, closed-toed shoes (for around campus / kitchen)
- Work clothes for work day – you might be cleaning, gardening, lawn mowing etc.
- At least one set of good clothes for church and special occasions
- Casual clothes and swim wear (there may be trips to the beach)
- Towels (Capernwray provides all bedding-sheets, pillows and duvet)
- Favourite sauces/cereal/food/candy from home
- Gear for 2 week break i.e. sleeping bag etc.
- Flashlight
- Earplugs / eye mask, especially if you are a light sleeper
- Sunscreen, you would think there would be a good selection here in such a sunny place, but there is not and it's very difficult to find anything above 30spf
- Any special creams, toiletries, make up, feminine products since they are very pricey here and selection is limited
- Shampoo (hair products in general i.e. mousse, styling gel etc)
- Enough prescribed medication to last your time here
- Any sort of other medication, pain killers like Advil, Tylenol, decongestants, herbal supplements, allergy meds (medication brands are different here in NZ)
- Insect repellent
- Drivers Licence
- Pictures from home!!
- Funds – laundry NZ\$5 per load (soap included), Internet time (\$8 for 1000MB), phone cards, toiletries, weekend trips, expenses during the two week break (travel, food and accommodation)
- Flash Drive/Memory Stick to save assignments and photos
- Rechargeable batteries and recharger
- Power adapter AND converter
- Laptop.
- Internet access: You need to pay for internet access as at an Internet Café (Monavale only)

Monavale Homestead
 3553 Cambridge Road
 Cambridge 3495
 NEW ZEALAND

Adventure Lodge:
 128 Horahora Road
 Tirau 3484
 NEW ZEALAND

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