

Gear List – The Journey

Please remember to name your gear

Home Baking for shared snacks

Warm sleeping bag

Sleeping mat

2 x polar fleece or wool jerseys

Warm clothing for around the lodge

Old clothes that you are happy to get wet and muddy

Thermal underwear (top and bottom)

Warm beanie

Woollen socks

Tramping boots

Rain jacket

Swimming togs

Towel

Hat & sunblock

Insect repellent

Toiletries

small day pack

Gloves (optional)

Headlamp & spare batteries

Bible & Pen

Devotional book (if you use one)

Plastic bag for wet clothes

Water bottle (at least 1L)

Camera (optional)

Musical Instrument (if you can play)

Plate, Cup & eating utensils

Running shoes